Dates for the Diary

Tue 12 & Wed 13 March – School Club First Aid Course 6pm – 9.30pm Computer Room
Mon 18 March – Scholastic book orders due

Fri 29 March – Good Friday Public Holiday
Mon 1 April – Easter Monday Public Holiday

Tue 2nd April: P&C Meeting (7:30pm Multipurpose Room)

5th-7th April: 2013 Art & Craft Show

Sat 6th April: Band performances at Art & Craft Show

Principal Mr Nash’s corner

PLEASE TAKE CARE DRIVING AROUND THE SCHOOL.
OUR CHILDREN ARE PRECIOUS!

FACTS ABOUT BULLYING
Bullying can happen anywhere, at school, at home, at work, in online social spaces, via text messaging or via email. Bullying can have serious short-term and long-term emotional and social consequences for both students who are bullied and those who bully others.

BULLYING: WHAT IS IT?
Bullying is a pattern of repeated physical, verbal, psychological or social aggression that is directed towards a specific student by someone with more power and is intended to cause harm, distress and/or create fear.

Bullying might involve repeatedly:
- physically hurting someone
- leaving someone out
- saying mean or humiliating things
- using technology to send nasty messages or images.

A person can be bullied about:
- how they look
- home or family
- schoolwork
- popularity
- achievements
- race or culture
- being male
- being female
- a disability
- their mental health
- sexual preferences

It’s not the same as conflict or disliking someone even though, in some cases, these things can lead to bullying.

HARASSMENT AND DISCRIMINATION: WHAT IS IT?

Harassment
Harassment is behaviour that targets an individual or group that offends, humiliates, intimidates or creates a hostile environment.
This could be because they belong to a specific race, religion, gender or gender-orientation group or have a disability, for example. Sexual harassment is any unwanted or unwelcome sexual behaviour, which makes a person feel offended, humiliated or intimidated. Sexual harassment has nothing to do with mutual attraction or friendship. It is serious and can be against the law. At school it is more common as verbal taunts and teasing, but in the workplace it is often unwanted touching.

When harassment happens repeatedly to the same person or group, and is intended to harm, it can be bullying.

**Discrimination**

Discrimination is when someone is treated worse than someone else because they are different in their:
- ability or disability
- culture and/or religion
- gender
- sexual orientation
- marital, parenting or economic status.


It is against the law to be discriminated against at work, in a place of education (e.g. school, or TAFE); getting or using services; going to public places, renting accommodation, playing sport and in other parts of public life.

(Source: Human Rights Commission).

**I'M BEING BULLIED**

You have a right to feel safe and be safe. If you are being bullied look below for ideas about what you can do and other helpful websites. Being bullied can make you feel miserable and powerless but things can change.

Tell a teacher, parent or other adult or a friend who can help you.

There are also some things you can try to stop the bullying. Remember, the sooner you report the bullying and take action, the sooner things can change.

**WHAT CAN I DO AT SCHOOL?**

Your school has a responsibility to provide a safe learning environment free from violence, harassment and bullying. Your principal, teachers and school staff want to know about bullying so they can deal with it quickly. Telling shares the problem. It helps you feel supported. Get some helpful advice from others. It is really important to tell someone if the bullying has been going on for a while or the strategies you've tried haven't worked.

- Talk to your friends - they can help you tell a teacher or your parents or just to feel better.
- Talk to your parents - tell them the who, what, when and where of what's been happening.
- Talk to your teacher or another staff member - tell them the who, what, when and where. If you don't want to do this in public, make an excuse to see the teacher about something else, for example your homework.
- If you can't talk to someone face-to-face go online or call a Kids Helpline counsellor.
- These strategies should only be tried if you are not in any immediate danger of being physically hurt and you feel confident you can do them.
- Ignore the bullying - turn your back and walk away.
- Act unimpressed or pretend you don't care what they say or do to you. You could say 'okay, whatever' and walk away
- Say 'No' firmly
- Try using ‘fogging’ to distract or discourage the person bullying without antagonizing them. Fogging means making a joke or funny comment that makes the other person think you don't care about what they say, or pretending to agree with them so they have nothing to bother you about. For example, you could casually say something general like, "Yeah, that's the way it is", or "Okay, since I'm so .... (using the person's bullying words) I better just go then, hey?"

**I KNOW SOMEONE BEING BULLIED**

- Have you seen bullying happen but didn't know how to stop it happening?
- When someone you know is being bullied it can be upsetting.
- If it's safe, you can take action to stop it. It is important not to become a bystander to bullying.
- When bystanders intervene the bullying is more likely to stop. But, don't put your own safety at risk by stepping in

**WHO ARE BYSTANDERS?**

In any bullying situation there is usually the person being bullied, the person bullying and 'bystanders' (other people who watch or are nearby at the time the bullying takes place).

You may have been a bystander if you have:
- cheered the person bullying
- stood and watched in silence
- laughed or walked away from the situation
• forwarded an offensive image, post or text message to someone.

If bystanders are confident to take safe and effective action there is a greater possibility that the bullying will stop. A supportive bystander will use words and/or actions that can help someone who is being bullied.

WHAT CAN I DO?
Say something supportive to the person being bullied
Say something to the person using bullying behaviours
Tell someone else
Do something supportive to help the person being bullied
Do something to help stop bullying
Search for helpful websites

www.takeastandtogether.gov.au

SCHOOL PHOTOS
I was very pleased with the School Photographer on Wednesday. Their organisation was very good and classes were not out their rooms for too long.
Sport and Band Photos will be scheduled later on in the year. We will give plenty of warning before this event.
If you did not send an envelope with your child last week you can go online to www.theschoolphotographer.com.au to purchase a group photo or an individual photo. Price and packages are on their website. All children had individual photos. Also a reminder that photos will not be back at school for 6-8 weeks.

PARKING AROUND THE SCHOOL
I have had numerous complaints from residents in Oatley Park Avenue, Park Avenue and streets further away from the school due to our parent community parking in and across driveways. On one of the recent wet days parents were pulling into the bus stop facing the wrong way, parking and waiting for their children to come out of school. One afternoon we had two buses returning from an excursion and cars were parked in the bus stop. The buses turned around in Oatley Park and when they arrived outside of the school to drop off our children the cars wouldn’t move. I also receive many reports of near misses when parents park on the opposite side from the school and call their children across the road in front and behind cars, unseen.

It is only a matter of time, if this type of behaviour continues, that one of our kids is going to be hurt or killed; if not crossing unseen in front or behind a car, walking on the road to avoid parked cars in driveways and double parked cars, then by someone driving dangerously during this short 5-10 minute period in the morning and afternoon ‘rush’. I have no jurisdiction over what happens outside the school with public manners and behaviour. The Police do and the Parking Rangers from Hurstville Council do. I don’t know what else to say. I am disappointed that this behaviour continues to occur putting our children, staff and parents continually at risk. If you see any of these behaviours occurring please ring Hurstville Police on 9375 8599 and report the offender. Hurstville Council 9330 6222 and ask for the Law Enforcement Officer to report any offenders. Any ideas or discussion on how to kerb this community problem,

I am open to suggestions. Meanwhile fingers crossed that nobody gets hurt.

SCHOOL CONTRIBUTIONS
School contributions will be sent home before the end of term. I understand that there have been quite a few expenses with excursions and text books so I thought it better to wait until later to send home the invoice for school contributions. I will be meeting with the School Council to set school fees next week. Today I am off training with Mrs Ross and Mrs Tall in the new National English Syllabus, Tuesday Mr Ballantyne and myself will be spending the day with the OH&S Consultant and later in the afternoon hooking up the school to an SMS service for emergencies. Wednesday Thursday and Friday I will be at a St George Principal’s Conference so the week will be quite a busy one.

FAMILY LAW NETWORK AUSTRALIA
This website is a free information resource and referral service for family law matters. The information provided on the website could be very useful and of great benefit to families: www.familylawmattersaustralia.com.au

SAYING FOR THE WEEK
We are all faced with a series of great opportunities brilliantly disguised as impossible situations.

Charles R. Swindoll

Paul Nash
Sports News

District Swimming Carnival

District Swimming Carnival - major results.
OWPS came 5th on overall points and 6th on Handicap points.
Best individual achievements to attain a place in the Georges River District PSSA team to go to today's Sydney East Area Carnival were:
Charlotte J, Savannah F, Ashley C, Vicki L Sidney N, the Junior Girls 4x100m relay team (Ashley C, Lara B, Antonia J and Vicky L).
We wish them good luck. We would like to thank Mrs Lin and Mr Jones for looking after the school team last Monday at Roselands. Their contribution to our children competing in swimming events on the day is greatly appreciated.
G. INNES and J. Sheinwald.
Team managers.

Boys Oztag

(1) PSSA Boys Oztag results for 8/3/13.
Round 3.
Juniors OW 6-5 Connells Point.
Seniors game was abandoned due to an injury to one of our players. All of his teammates and their opponents showed great respect by clapping as he made his way onto his feet then off the field and into the ambulance. We wish Marcus G a speedy recovery.
Training for Juniors on each Wednesday at Oatley Oval from 3:30-4:15pm.
(2) Good luck to Tyson D, Jonas C and Socrates A at tomorrow's Combined Rugby League Trials.
J. Sheinwald.

Girls Basketball – Round 3

After last week's wash out round it was great to get back on the court again last Friday and our girls played brilliantly with two good wins against Peakhurst.
The Juniors had a great win scoring a massive 52-2 victory with Vicki, Eliza and Paris top scoring with 12 points each, Halle scored 8 points, Ruby 6 points and Ashley 2 points.
The Seniors were only one point ahead at half time but went ahead in the second half to win 29-20. Ruby and Alyssa top scored with 8 points each, Jesica scored 6 points, Blanca 5 points and Angelica 2 points.
Great effort girls! This week we are at home again playing Peakhurst West.
Anne Laurence

Newcombe Ball

Congratulations on a fantastic start! Our first game of the season was a nail biter! Both teams were very competitive against a very strong Kingsgrove team. Unfortunately, Kingsgrove were stronger on the day. The seniors got through two sets 30-23 Kingsgrove's way and the juniors score was 41-38 Kingsgrove's way. Player of the match for the seniors was Tahlia M and for the juniors Darcy M. Great Team Work!
Miss Aravanopoulos

Boy's Hip-Hop

We will be forming a Primary (3-6) Boy's Hip-Hop dance group. Weekly dance classes will be conducted by Miss Nadine. There is no experience needed, however, there will be a limit of 30 children who are able to join the group. Expression of interest notes can be collected from Miss Chalkiotis (1C) from Tuesday 11/3/13.
Hip-Hop aims to promote enjoyment, equip children with techniques and enhance confidence and self-awareness. It will be a great experience for the boys and we look forward to seeing what they can do!
Miss Chalkiotis

World's Greatest Shave

For Term 1, the SRC has nominated to support some very brave year 6 students (Liam W, Lewis S, Aden W, Ben R and Harry D as well as Tallis B and Josh A) who are “being brave” and shaving for the World’s Greatest Shave. These boys will be shaving their hair on the day in the hall (more information on times to come).
There will be a Wacky Hair Day on Monday 18th March. All students K-6 are asked to come to school in mufti and their wackiest hairstyles! Coloured hair spray, fun hair styles, wigs and weird hats are just some ideas. The best class from K-2 and 3-6 will win a prize. Students should bring a gold coin donation so that we as a school community can support the boys.
You can jump online at the World’s Greatest Shave and support the boys before the day by searching their names Freaky Bald Eagles and The Bald Brothers.
The SRC, Miss Chalkiotis, Mrs Laurence and Miss Aravanopoulos
STAGE 3 NEWS

Camp
Thank you to the parents who have returned the camp note and confirmed their child’s place at camp. If you are still yet to return the note can you please do so ASAP!

Debating
The debating trials began last week and will continue this week. Twelve students will be chosen to represent the school in the premiers debating challenge. We will also be introducing a training group this year for students that have an interest in debating.

Year of Service
The Year 5 Students are busy servicing the school and have begun their library roster where they help with shelving books etc.

Expression of Interest Forms- High School
Thank you to the parents who have already returned their forms. These forms are due by next Friday and MUST not be returned late as they need to be posted to the student’s first round offer schools on time.

Natasha Eaton
Assistant Principal

Harmony Day 2013
This year Oatley West Public School will take part in celebrating Harmony Day. Harmony Day takes place on Thursday 21st March. Harmony Day celebrates the diversity that we have here in Australia. It is a time to recognise the diversity and to show cultural respect to all who call Australia home. The theme of Harmony Day for this year is “Many Stories, One Australia.” It is important to look at the diversity of cultures here at OWPS and to share stories of our heritage.

On the 21st March we will have a whole school assembly to share some stories of what it means to live in harmony and respecting one another.

During the next week the students at OWPS will be learning what diversity and harmony means. You may want to talk about this at home, where your family has come from, what is important culturally to you and what it means to live in Australia for your family.

Take some time to read the chorus of the Oatley West school song:

We are one, but we are many
And from all the lands on earth we come
We share a dream and sing with one voice:
I am, you are, we are Australian

Miss Benita
School Chaplain

Quality Work from a Student in Stage 3

CAGED OR FREE? SHOULD ANIMALS BE KEPT IN ZOOS?

The danger of extinction? Zoos can sometimes be viewed as cruel, cold, cement places but they help much more than they hinder. Are zoos a cruel place for people to stare at poor animals or are they a helping hand to the environment? Zoos save native animals! They protect them from hunters and natural enemies and let them breed in peace. This stops dangerously endangered animals from dying out. The sheer amount of breeding programs has stopped many animals from becoming extinct and has had a huge impact on the safety of the environment.

Animals are given a safe, protective environment just like our own. Not only do animals get protected from outside dangers, they also live in a habitat just like their own but safer. The enclosure is usually not caged but gives them plenty of space to roam around.

Thirdly, zoos provide enjoyment for many small children and adults all over the world. They provide something to do for both adults and children that is both enjoyable and educational. Therefore zoos give a sanctuary for endangered animals, a safe environment and enjoyment for those who visit. Without zoos many endangered animals would be extinct and they save threatened species from becoming extinct. Zoos need to be kept!

BY JUSTIN S. 5L
The Value for this week is Fairness. Being fair means giving all people equal respect, and always treating other people the same way you’d want to be treated yourself! The way that you can show fairness this week is by including others in your games, being a good sport, taking turns in the classroom and in the playground. Try your best to be fair this week.

Patricia B 6S
**New Art and Craft Show Newsletter**

The Art and Craft Show section of the OWL has been moved into its own newsletter to be issued every Wednesday via email.

This newsletter will be out every week leading up to the Show and contains all the important information that you will need to know.

Please take a moment to read over this newsletter as it will include many calls for help.

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**School Banking**

School Banking Coordinator: Helen Kwong
Email: ting_tyt@yahoo.com.au

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**Silver Tokens Out of Stock**

School Banking is running out of silver tokens and we are waiting for the bank to replenish our stock. In the meantime, we will issue a paper version of the token with a school banking stamp, as a substitute until stock arrives. The paper version of the token will work exactly the same way as the silver token.

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**Welcome To Another Volunteer**

It is encouraging to receive a positive response from “Calling for Helpers” again. This time we have Anna Chester-Chirskoff joining us. On behalf of the team, we sincerely welcome Anna and thank her very much for her valuable time. She will start in Term 2.

If you would like to join the School Banking team, please kindly contact Helen at the above email.

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**Thank you to this week’s Volunteers**

Thank you to Andria and Linda for helping with School Banking this week. We do School Banking every Thursday in the Library.

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**P & C Update**

Contact: Leonie Eivers
Email: eivers@bigpond.net.au

Next P&C Meeting – Tuesday 2nd April

A vote will be held at the April P&C meeting on 2nd April to decide how the money raised through 2012 will be spent. Individual items were discussed in more detail at the March P&C meeting held last Tuesday.

A lot is happening at OWPS - Make sure you come along to the meeting in April!

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**Music Council news**

President: Christopher Taplin
Email: ctaplin@optusnet.com.au

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**Concert Band 2013**

Concert Band will have their first performance at the Art and Craft Show on 6th April.

Performance time: 3pm.

Dress requirements and performance call time to be advised.

Tuesdays, 7:50-9am
Thursdays, 7:50 – 9 a.m.

CB Co-ordinator: Carolyn Northcott
cnorthcott@optusnet.com.au 0432 731 266
Intermediate Band 2013

Intermediate Band will be performing at the Art and Craft Show on 6th April.

Dress requirements and performance call time to be advised.

Mondays, 7:50-8.45am
Wednesdays, 7:50 – 8.45 a.m.

IB Co-ordinator: John Sharples
carmelsharples1@optusnet.com.au 9585 1242

Training Band 2013

Training Band rehearsals for this week are:

Mondays: 8:45 – 9.15am: Flutes, oboe, drums, keyboard
Tuesdays: 9 – 9.20am: Trumpets, trombone, euphonium
Wednesdays: 8.45 – 9.15am: Clarinets, saxophones

TB Co-ordinators: Sally & Glen Tyrrie
sally_glen@hotmail.com 0418 775 043 (Sally)

Percussion Power 2013

Performances

Senior and Intermediate Percussion Power will be performing at the Art & Craft Show on Saturday 6 April at 2 p.m.

Uniform

All students will need a plain red T-shirt for performances and photos

Percussion Power co-ordinator: Michelle Schafer
michelle.schafer@sopa.nsw.gov.au 0419 477 971

Recorder 2013

Recorder rehearsals for this week are:

When: Monday
Where: 2B (Miss Brown’s room)
Who: Jessica Budge is the Tutor
Times: Group A 8:25 am-8.55 am
Times: Group B: 8:55 am-9.20 am
Cost: $10.00 for Recorder & folder then Music Council will invoice for the Semester

Recorder Co-ordinator: Jacqui Borg
jpborg@iprimus.com.au 0404 865 385

Christopher Taplin
Music Council President
ctaplin@optusnet.com.au 0409 469 896

Hopscotch Cafe news

Contacts: Simone Gibson (Cafe Supervisor)
Email: simone@wildyam.com.au

Feedback

Please keep any feedback you have about the cafe coming to canteen.owps@gmail.com

Volunteers

A big thank you to our volunteers this week: Michelle, Alan, Kellie, Margaret, Thelma, Katrina, Mel, Jackie, Sharyn, Di, Jo, Anne Marie and Kym.

Did you get your $1 voucher for your shift at the Cafe? The Cafe is now providing all of our precious volunteers with a $1 voucher for their child to spend at the Cafe. Just ask Simone when you finish your shift.

HELP!

Are you passionate about nutrition? Do you have some great ideas for our menu for Term 2? Do you want to get some free food from the Cafe? We would love to welcome new members to the 2013 Cafe Committee. Specifically we are looking for a new secretary. What do you have to do?

• Attend meetings once per term, and complete this newsletter each week.

Contact us at canteen.owps@gmail.com
Spotlight on Meat
Did you know that Cafe receives all of its meat (free range breast chicken and mince for sausage rolls) from Jumbuck Meats in Frederick St Oatley?
Please email us if you have any questions about the food at the cafe, we are happy to answer!
See you soon in The Hopscotch Café!

The Canteen Committee

School Club
President: Danielle Andrews
Email: dandeano@bigpond.net.au

First Aid Course
Are you interested in learning or updating your First Aid credentials?
A First Aid course has been organised for teachers and parents on 12-13 March 2013. It will be in the OWPS Computer Room. Cost $90
An enrolment form is included at the end of the newsletter.
Further Enquires: Sharon Jacobs psbljacobs@optusnet.com.au

Athletes Foot
A reminder that when you purchase shoes (of any type) from Athletes Foot (Hurstville, Miranda or Broadway) they will donate $5 to our school. You need to become a member of their club and link it to OWPS.

Community Notices

Music in the Park
When: Sunday 17th March 2013 from 11am
Where: Oatley Memorial Gardens
Please see the flyer at the end of the newsletter for more details.

Kindy Mums Night Out
Get to know the 2013 Kindy Mums!
Date: Friday 12th April
Time: 7pm
Location: Oatley Pub
Cost: $20 including pizza
RSVP: Monday 8th April
To RSVP, or for more information and diet requests, email: lozza8888@yahoo.com.
Please give the $20 to either:
Lorrie Houssenloge (Briean's Mum, KC)
Peggy Chandler (Luke's Mum, KW)
Angela Perrone (Josh's Mum, KB)

Submissions to the OWL

Community pages
We are always keen to hear feedback or suggestions so please email
owps.newsletter@gmail.com

The deadline for newsletter submissions is the Friday 6pm prior. Submissions to the newsletter must be approved by the Principal.
If you think you would like to assist with the newsletter please contact us too!
Julianne Kennard & Sarah Kennedy
First Aid Course Enrolment Form

FIRST AID COURSE: Do you know what to do in an emergency for Anaphylaxis, Asthma, Bites, Bleeding, Burns, Cardiac Arrest, Childhood Illnesses, Poisoning, Shock, Spinal Injuries or Stroke? Don't have a 'panic attack' – do this course instead!

OWPS School Club is running a nationally recognised 'Accredited First Aid Training Course'. Successful students receive a statement of attainment for First Aid, CPR and Basic Emergency Life Support.

When? 12th & 13th March 2013, 6 – 9:30pm
Where? OWPS Computer Room
Who? Available to teachers, parents & adult family members
Cost? $90 (inc. all study materials)

Please see the attached flyers and return the enrolment form below to the School Club post box in the office to secure your place.

Enquires: Sharon Jacobs (psbljacobs@optusnet.com.au)

Enrolment

Name: ________________________________

Address: __________________________________________

______________________________________________

Email: __________________________________________

Contact Ph: ______________________________________

Payment: I have attached a cheque payable to Oatley West School Club ___

I have enclosed $90 cash ___

Signed: ______________________________________
## Hopscotch Cafe Volunteer Roster

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Music in the Park

10th Annual
MUSIC IN THE PARK
OATLEY MEMORIAL GARDENS
(opposite Oatley Hotel)
SUNDAY 17 MARCH 2013
from 11.00am

Come along and enjoy fabulous FREE music from the following bands...

* Monsieur Camembert
* Chasing the Moon
* Ghali Groove Band

Bring along a picnic basket and rug, or just sit and relax in the picturesque Memorial Gardens. Barbecue lunches, coffee, wine, soft drinks and other tasty treats and a Jumping Castle for kids.

Proud Sponsors:

www.oatleylions.org.au
The unit HLTFA311A Apply First Aid also incorporates the following units:

- HLTFA211A provide Basic Emergency Life Support
- HLTCPR211A Perform CPR
This unit of competency describes the skills & knowledge required to provide first aid response, life support, management of the casualty, the incident & other first aiders, until the arrival of medical or other assistance.

**Award Issued:**
Students who successfully complete this nationally recognised training will be awarded the statement of attainment for:
- HLTFA311A Apply first aid
- HLTCP211A Perform CPR
- HLTFA211A Provide basic emergency life support

**Pre-requisites:**
- Nil

**Course Inclusions:**
- Coloured first aid manual – Simply first aid
- Emailed copy of your certificate when competent
- Coloured certificate and coloured plastic wallet card
- Web based verification system to authenticate your award

**Further study options:**
- Advanced first aid HLTFA412A

**Initial course times:**
There are several options to choose from for completing this course.
- Option 1. Online or paper-based pre-course workbook and 5 hour face-to-face training
- Option 2. 7-8 hour face to face practical course
- Option 3. 15 hours face-to-face training

**Re-certification:**
- Recommended every three years

**Refresher courses:**
To qualify for a refresher course, you must have a copy of your current certificate to bring to the training session
- Complete the online or paper-based pre-course workbook and 3 hour practical course for experienced first aiders.
- Proof of currency must be submitted.

For further information click on the buttons below